

Rev. J. Stephen Vallelonga, Pastor
pastor.spchurchweston@gmail.com
210 Center Ave., Weston, WV 26452
304-269-3048

St. Patrick Church

Up Front



with Mary Hendricks

Website: www.spchurchweston.net

Like us on Facebook: "St. Patrick Church, Weston, WV"

Pastoral Associate: Mary Mazza Hendricks
(304) 269-1244 Mash111@aol.com
Office Hours: Mon. - Thurs. 8:30am - 6pm
Parish Office Manager: Sandra R. Mick
(304) 269-3048 spchurchweston@gmail.com
Office Hours: Mon. - Fri. 9am - 4pm

Mass Schedule:

Monday: 8am (St. Joseph Chapel)
Tuesday: NO MASS
Wednesday: 6pm (church)
Thursday: 8am (St. Joseph Chapel)
Friday: 8:15am (church)
Saturday: 6pm (church)
Sunday: 9:30am (church)

The Sacraments:

Baptism - By arrangement

Marriage - At least nine months' notice.

Reconciliation - Wednesday: 5:00 - 5:45

Saturday: 5:00 - 5:45pm

Sunday: 9:00 - 9:20am

Anytime by request (304-269- 3048)

Pastoral Care of the Sick - Please notify the parish office (304-269-3048) of parishioners who are hospitalized or homebound and wish to receive Eucharist or the Sacrament of Anointing of the Sick.

RCIA (Rite of Christian Initiation of Adults):

Sat - 7pm & Sun - 10:30am, church - "After Mass Class."

RCIA: Wed, 6:30 in the parish meeting room.

For more info, contact Mary Hendricks at 304-269-1244. "Like" on Facebook: St. Pat's RCIA

Counseling: Contact Valerie Corley at 304-476-6009.

Rosary: Weekly: Wed 5:35pm & Thurs: 7:35am (before Mass, no Mass = no Rosary)
Oct. and May: Saturday: 5:30pm, Sunday: 9am

Miraculous Medal Novena: Wed: 5:55pm

Prayer Line: Micki Snyder 304-269-3688 or 304 476-6516

Mission Contact Info: Kim Derico 304 884-6984 or hshcrafts1@yahoo.com.

St. Patrick School

Pre-School - 6th Grade

224 Center Ave. Weston, WV 26452

304-269-5547

Principal: Maureen Gildein

Secretary: Regina Frazier

email: st.pats@stpatswv.org website: stpatswv.org

Luke 5:1-11

"Master," Peter told the Lord, "We have worked hard all night and have caught nothing." When your job is to catch fish, and you don't catch fish, what happens?

Frustration.

The word is from the Latin "frustra," which means obstruct. We feel frustrated when an obstacle stands in the way of us getting what we want. You know the feeling. Just stand in a long check-out line at a store with 15 registers and only three of them are open. Or be racing down the highway, trying to avoid being late, only to catch up with the slow traffic, as my pop used to say.

Peter is tired. People are depending on him—vendors, his employees, his family. He doesn't have a single fish to show for a 12-hour shift. He's feeling like a failure. Put the nets back in? That's the last thing he wants to do. But, Peter does as Jesus asks (after complaining about it first). And they catch so many fish that the boats almost sank.

Last week, I ate a cinnamon roll from B Sweet Confectionery in White Sulphur Springs that put me in a state of near-ecstasy. You see, I've been on a quest to bake the perfect cinnamon roll for years. Dozens of recipes and failures later, I was ready to give up. This. *This* was the perfect cinnamon roll. I had to have the recipe. My brother, a good friend of the baker, said she would never share. I told him, "I've got a 50-50 shot, better odds than the stupid casino we went to last night."

So, I sent her a message, asking for the recipe. I even offered to throw in handsome Son #1 if she agreed. For some reason, he seemed hurt when I told him that. He, obviously, doesn't understand how much I love cinnamon rolls. He mentioned therapy. Again.

The baker didn't want Son #1, pointing out that she had two teenaged girls (poor woman), but she did give me the recipe. Just when I was ready to give up, I got a breakthrough.

Motivational speaker Tony Robbins puts this sign up at his Date With Destiny seminars: "You're frustrated? Good! It means you're about to have a breakthrough!"

Just when Peter was about to give up, he got his breakthrough. He took a chance on Jesus, and it paid off. Peter was rewarded for his obedience. Think about it. That great number of fish was worth a LOT of money. Peter was so astonished, he immediately became humble, saying, "Lord, depart from me for I am a sinful man." Jesus reassured him, told him not to be afraid, and that from now on, he would be catching men.

What did Peter do? He had the option of taking all those fish to the market and getting a sweet paycheck. He had the option of becoming a follower of the Son of God. He chose the latter. And he was rewarded again, this time with the "keys to the kingdom of heaven," the authority to lead the Church after Jesus ascended into heaven, and sainthood. *That* is a pretty sweet paycheck.

The lessons are clear: 1) When you're frustrated and you're up to here with trying, don't worry. Your breakthrough is just around the corner. 2) Obedience is God's most favorite action. It is always rewarded. Don't worry. Your reward is just around the corner, too.

St. Patrick Church Handbell Ensemble presents the

YEAR OF MERCY CONCERT

Sunday, February 28 3pm

at St. Patrick Church

Tickets by advance reservation only—\$15

Tickets available from any Bell Choir member

or Kathy Sims at 304-476-1200

Stewardship Update - *Thank You!*

Mass Attendance			Weekly Offering	Electronic Offering	Total	Goal	Over/Short Weekly	Over/Short Year to Date	School	Debt Reduction
Sat	Sun	Total								
96	286	382	4539	55	4594	4231.00	\$363.00	-\$3,427.90	90	900


ASH WEDNESDAY
Eucharistic Ministers will also distribute ashes on Ash Wednesday

Mass Intentions					
Day	Date	Time	Intention		Requested by
S	2/6/16	6:00 PM	Parishioners		
S	2/7/16	9:30 AM	†Dan and Edith Messenger	Mike and Rose Neal	
M	2/8/16	8:00 AM	Vocations to the Priesthood		
T	2/9/16	No Mass	No Mass		No Mass
W	2/10/16	Noon	Parishioners		
		6:00 PM	Emma Pascasio	Family	
T	2/11/16	8:00 AM	†Harold Ellis	Parish	
F	2/12/16	8:15 AM	†Jack Ward	Parish	
S	2/13/16	6:00 PM	†Olga Angotti	Frank Angotti	
S	2/14/16	9:30 AM	Parishioners		
The sacrament of Reconciliation is offered before Mass on Wed. and Sat. from 5 - 5:45, and Sun. from 9 - 9:20.					

SPECIAL & SECOND COLLECTIONS:

- Feb. 10—Church in Central and Eastern Europe
- Feb. 14—Black and Native American Missions
- Feb. 28—Diocesan Priests' Retirement Fund

Wednesday Rosary Leaders:

2/10	Rudy P.
2/17	Gary Riley

Rosary begins at 5:35pm each Wednesday when Mass is celebrated, followed by the Miraculous Medal novena.

MAKE STATIONS OF THE CROSS PART OF YOUR LENT THIS YEAR

Stations of the Cross will be held Fridays at 6 (beginning Feb. 12) and Thursdays at 8:30 (beginning Feb. 18) in the church.

RECONCILE DURING LENT

Our Lenten Penance Service is scheduled for Mon., Feb. 22 at 6. We will have visiting priests assisting with this reconciliation service. Holy Rosary Church in Buckhannon will have a Penance Service on Mon., March 14 at 7pm.

Ministry Schedules

DAY	DATE TIME	Greeters	Altar Servers		Readers		Gifts	Eucharistic Ministers		Cantor
SAT	2/6	Spring and Kami Franklin	A	Joseph Blake	1	Hannah Linger	Mike and Rose Neal	1	Pam Thompson	John Collins
	6 PM		B	Briana Franklin	2	Matthew Linger		2	Barbara King	
						3		Rock Garton		
SUN	2/7	Kids	A	Jacob Aman	1	Moragn Turner	Kids	1	Tyler Mehr	Kids
	9:30		B	Sydney Aman	2	Erin Turner		2	Brooklyn Queen	
						3		Danielle Mick		
Ash Wed	Noon	School Kids	A	Joey Aman	1	School Student	School Kids	1	Maureen Gildein	School Kids
	2/10		B	Manny Robinson	2	School Student		2	Mary Hendricks	
								3	Sandy Mick	
	6 PM	TBA	A	Megan Moran	1	GL Shearer	Doc and Emma Pascasio	1	Paul Derico	TBA
			B	Emily Paugh	2	Brenda Riley		2	Larry Bowers	
							3	Luanne Bowers		
SAT	2/13	T. J. and Mindy Hall	A	Andrew Davis	1	Don Markley	Bill and Brenda Riley	1	Valerie Corley	Rudy Pascasio
	6 PM		B	Madison Hall	2	Theresa Francis		2	Julia Marsh	
						3		John Weber		
SUN	2/14	Payton and Jordyn Aman	A	Ethan Mehr	1	Steve Corley	Turner family	1	Jim Mehr	Joe Derico
	9:30		B	Patrick Mehr	2	Jimmy Fealy		2	Betty Hill	
						3		Marissa Aman		
SAT	2/20	Rose Neal & John Weber	A	Luke White	1	Rudy Pascasio	Gary and Donna Lake	1	Micki Snyder	K. Sims
	6 PM		B	Leo White	2	Deanna Pascasio		2	Tom Ruppert	
								3	Barbara King	
SUN	2/21	Payton and Jordyn Aman	A	Kristen Determan	1	Mary Walker	Chris and Laura Determan and family	1	Butch Cain	Diane Collins
	9:30		B	Meagan Walker	2	Michele Turner		2	Judy Foster	
								3	Steve Corley	

PLEASE DO NOT CALL, EMAIL, FACEBOOK, TEXT, etc. SANDY, MARY, FR. STEVE or THE PARISH OFFICE—IF YOU ARE UNABLE TO SERVE WHEN SCHEDULED. Please find a substitute!

What is Lent?

The season of Lent is a Catholic liturgical season consisting of forty days of fasting, prayer, and penitence beginning at Ash Wednesday and concluding at sundown on Holy Thursday. The official liturgical color for the season of Lent is violet.

The observance of Lent is related to the celebration of Easter. In the first three centuries of the Christian era, most Christians prepared for Easter by fasting and praying for three days. In some places this was extended to the entire week before Easter (now known as "Holy Week"). There is evidence that in Rome, the length of preparation was three weeks.

The word derives from the Middle English word *Lenten*, meaning springtime – the time of lengthening days. There is biblical support for doing penance, but the season of Lent, like all Catholic liturgical seasons, developed over time. In its early three-week form, Lent was the period of intense spiritual and liturgical preparation for catechumens before they were baptized at Easter. Many members of the community imitated this time of preparation with the catechumens.

By the fourth century (when Christianity was legalized) Lent had developed into its current length of forty days, the length of the fast and temptation of Jesus in the desert (cf. Luke 4:1-13). Recently, research has suggested that the development of Lent was also influenced by the forty-day span of fasting practiced by many in the early Church (especially monks). This fast, beginning right after Epiphany (January 6th) stressed prayer and penance. Once most people were Christian and baptized as infants, Lent lost the connection to the preparation of catechumens and the themes of repentance and fasting became dominant.

When does Lent begin?

Traditionally, Lent begins on Ash Wednesday and ends at sundown on Holy Thursday. Since this is more than forty days, some contend that Sundays are not counted and that Holy Thursday, Good Friday, and Holy Saturday are counted instead. Others say that it begins on the first Sunday after Ash Wednesday. No one is exactly sure how Ash Wednesday became the first day of Lent.

Many Catholics were taught as children to "give up something" for Lent. The sacrifices in Lent are really penance, in the same spirit as the Ninevites that repented at the preaching of Jonah. Throughout our history, Christians have found prayer, fasting, and almsgiving to be an important part of repentance and renewal. Many Catholics now add something during Lent rather than giving up something, either to address personal habits that need work or to add some outreach to others in need. It is not necessary to "give up something" but it would be a tragedy to do nothing.

Ash Wednesday

It is impossible to determine when the seventh Wednesday before Easter was designated as the beginning of the preparation period before Easter. It does date from at least the fourth century. During that century, penitents looking for forgiveness and re-entry into the community would dress in sackcloth and sprinkle ashes to show their repentance. This custom certainly predates Christianity as can be seen by references in the Hebrew Scriptures (cf. Esther 4:2-3; Daniel 10:3; Jonah 3:6) and Christian Bible (cf. Matthew 11:21).

There is no doubt that the custom of distributing ashes to everyone on Ash Wednesday came from imitation of the practice of wearing ashes by public penitents. As Lent increasingly focused on the themes of repentance and renewal, Christians sensed their own need for repentance. The practice of distribution of ashes to all members of the community is mentioned in official documents of 1091 (Cf. Synod of Benventum, 1091 Manse, XX, 739) although nearly a hundred years earlier it is already assumed in a homily of the period.

Lenten Regulations

The Catholic Church, in an attempt to help Catholics do at least a minimum during Lent, asks all Catholics to fast and abstain from meat on certain days. Fasting means to limit food to one full meal a day with the possibility of two smaller meals (not adding up to a full meal) as needed. Abstinence means not eating meat, although fish is allowed. Catholics are asked to observe all days of fasting and abstinence which is one of the precepts of the Church.

Catholics 14 years of age or older are to abstain from meat on Ash Wednesday and all the Fridays of Lent. Catholics between the ages of 14 and 59 are also to fast on Ash Wednesday and Good Friday. If one's work or health make it inadvisable to fast or abstain from meat, they are not obligated to do so.

At one time, people gave up all dairy products and meat during all of the Lenten season. Since chickens continue to produce eggs and cows milk, the custom developed to make the milk into cheese and color the eggs so that when Easter arrived, no food would be wasted.

Do Sundays count as a part of Lent?

Sundays in Lent are not considered part of the forty (40) days of the Lenten season and therefore one is not required to uphold one's Lenten penitence. For example, if you gave up eating desserts for Lent, you may have a piece of cake on a Sunday.

The forty days of Lent are considered to be Ash Wednesday through Holy Saturday (up until the Easter Vigil in which it becomes the Easter Season) not including the six Sundays throughout.

Why are Sundays not a part of Lent?

Sundays, even during Lent, are a celebration of the resurrection of Jesus Christ and are not part of the penitential season. We rejoice in the resurrection of the Lord on Sundays. If you feel that forsaking your Lenten sacrifices on Sundays is like cheating then you are encouraged to maintain your sacrifices. A person is certainly free to continue one's Lenten sacrifices on Sundays, but the Catholic Church does not require anyone to do this.

JACK ROLLINS DINNER

There will be a benefit dinner for Jack Rollins, at Bendale United Methodist Church, Friday, February 12th, 11-6. The menu is spaghetti. They are in need of donations of desserts, salad stuff, meatballs, and also need helpers. Call Bev at 304-269-6225 or Ron at 304-641-7662.

IRISH GEAR FOR SALE

The PTO is taking orders for Irish gear. Hoodies are \$30 or \$34 depending on size (personalization available for an extra charge), the blanket throws are 36 and the hats are \$10. Order forms are in the church vestibule and parish office!

SCHOOL MASS COLLECTION

02/05 - 273.75

Collections will be to used to support the backpack food program.

SCRIP

Don't forget, some scrip cards are available at any time. So if you find yourself in need of last minute gift, call the parish office to see what is available! Scrip makes the perfect gift!

CONFIRMATION RETREAT

The Diocesan Confirmation Retreat is set for Sunday, February 21, in Wheeling. This retreat is mandatory for the St. Pat's confirmation class! Watch the bulletin and the Facebook group for information about departure time and transportation arrangements!

DIOCESAN HIGH SCHOOL RALLY

April 16-17, 2016

(11:00 Saturday to 2:00 Sunday)
\$95 per person

Bishop Hodges Pastoral Center, Huttonsville, WV
To register, please contact Sandy, Mary or Fr. Steve, or list your info on the form in the vestibule. All participants will be registered on the same form. For more info, contact Heather Bise at 1-888-434-6237 ext. 311.

www.wvcatholicym.org

ADDRESSES NEEDED!!!

Do you know the addresses for the following? Help!! Nancy Alfred, Nancy Riley Dawkins, Mary Riley Fallon, Patricia Garton, Jeff Garton, Joanne Riley Greenlief, Sylvia Angotti Hayhurst, Julie Attanasio Jones, Dorothy Eakle McLaren, Roland Meffert, Sharon Fahey Querry, Sean Sleigh, Nancy Mylinus Smith. Please contact the parish office or email: Mash111@aol.com. Thanks!!

Want more on the "Year of Mercy"?

Come to After Mass Class!

Fr. Steve's topics will concentrate on the Year of Mercy with these topics:

The Good Shepherd

- ◇ Feb. 20 & 21: The Flock & The Lost Sheep
- ◇ February 27 & 28: The Shepherd
- Lazarus**
- ◇ March 5 & 6: The Rich Man and Poor Man
- ◇ March 12 & 13: The Brothers



PURSUIT, HOW DOES YOUR FAMILY PURSUE CHRIST?

The Staff & Missionaries of the Diocesan Office of Youth & Young Adult Ministry invite your family to PURSUIT on Wednesday, March 2 from 7 to 8:30pm at the St. Patrick School cafeteria. Gather your family and join us for a night of faith and fun, filled with music, prayer and reflection on the Year of Mercy and how we all can live our faith courageously. Its going to be a great opportunity for parents and teenagers to have a fun and spiritually enriching evening together! While the night is especially relevant to families with Middle & High School teens, all are welcome & will enjoy the evening.

ATTENTION C.A.M.P. GOERS

C.A.M.P. HAS A NEW DATE, July 30 - August 6!

COST: ? Will be announced after Feb 13!

Weston Vicariate C.A.M.P. (Catholic Awareness Mid-summer Program) will be held at Camp Bosco in Huttonsville.

**THIS IS THE CAMP THAT SANDY ATTENDS!
ADULT VOLUNTEERS ARE WELCOME.**

If you aren't able to go to C.A.M.P., the diocesan-run camp, Camp Bosco is also an option. Both camps offer zip -line, swimming, horses, canoeing, a rock wall, arts and crafts, archery, fishing, camping and hiking for older ages, learning about nature and much more. Both camps are for Catholics and non-Catholics and both teach about the Catholic faith.

**Camp Bosco
Huttonsville
July 2016**

This camp is open to students in grades 3rd-12th.

Cost is \$315.00 per child.

Early birds special \$295 till March 11th.

Register online at: www.campbosco.com. Any questions, e-mail hbise@dwc.org or call 1-888-434-6237, ext. 311.

BENEFACTOR NEEDED

Would you like to make a generous donation to pay for mileage and gas for Sr. Mary Irene, when she travels to our parish for Spiritual Direction? Please contact the parish office to find out more.

IF YOU FEED THEM, THEY WILL COME

Danielle Mick is our RCIA meal coordinator. If you would like to provide a meal, a sign sheet is in the vestibule or you may call Danielle at 304 517-0269. You do not have to cook to provide the meal— take-out is always an option! We need enough food for 12—14 people (Fr. Steve, Mary, Sandy, 7 RCIA participants and sponsors, helpers, etc.). Thank you for your generosity and kindness!

RCIA MEAL PROVIDERS

2/10	Mass, No RCIA
2/17	Rose Neal

FIRST COMMUNION PARENT MEETING

There will be a parent meeting Feb. 14 for all whose child is preparing for this spring. The meeting will be held at 10:30am in the parish meeting room.

JILY 9—17, MISSION TRIP TO EL SAVADOR

Project FIAT International is planning a mission trip to El Salvador. Informational sessions will be held at St. Vincent de Paul Parish in Berkeley Springs. However, those from other parts of the state who are interested can find out all they need to know online, and can register for the trip online as well. Questions may be directed to Father Leonard A. Smith, Pastor St. Vincent de Paul Catholic Church P.O. Box 634 Berkeley Springs, WV 25411-0634 Rectory/Office: (304) 258-1311 Cell Phone: (304) 376-3711.

PLEASE PRAY FOR...

- ♦ **Those who are sick:** Ed Hubbs (Ruby), Jane Myers, Lynn Hammond (UHC), Susan Bailey (West Penn Burn Center), Jim Arsenault, Diane Collins, Rose Determan, Butch Dodson, Phoebe Herron, Sara Jane Huntz, Keith Marshall, Judy McCauley (Frances McCauley's daughter in law), Mary Ann Murray, Betty Reed (Brenda Reed's mother), Burke Riley, Jack Rollins, Sister Eileen Marie, Lori Saltis, Bob Swiger, Clarence and Mary Lou Weber.
- ♦ **Those who are homebound or in nursing homes!**
- ♦ **Those who have died:** Mary Pauline Alkire, May the souls of all the faithful departed, through the mercy of God, rest in peace. Amen.
- ♦ **Vocations to the Priesthood and Religious Life**
- ♦ **Those in RCIA:** Amanda Blake, Chris Cunningham, Brad Curtis, Jenny Delgado, Michelle Droppleman, Lynn Lynch, Alex Romero
- ♦ **All Military Personnel:** Eddie Burroughs, Ryan Faulkner
- ♦ **Our current and past principals:** Mrs. Gildein, Mr. Derico, and Sister Eileen—Thank you for your dedication to our school!

— Pope Francis, Twitter, January 28, 2016

“As Christians, we cannot be self-centered, but must always be open to others and for others.”

HAPPY 45th Anniversary Ed and Shirley Hubbs!

Saturday, Feb. 6 is Ed and Shirley's 45th anniversary. Ed suffered a stroke on Wednesday and needs our prayers. The following update came from Shirley on Friday. “He does not understand why he can't go home. The left side of his brain is really bad with small chance of improvement. Plaque in artery in neck is blocked pretty bad and is to long for a stint. Pray for clots to dissolve. We need a miracle.”

GIFT

The Mass continued

On Sunday Feb. 7, Fr. Steve will continue teaching the Mass at G.I.F.T., Growing In Faith Together. The session begins at 10:30 in the cafeteria. The meal for this session will be provided by those participating in RCIA.



ASH WEDNESDAY FEBRUARY 10

Mass at noon and 6 in the church!

If you are attending the noon Mass, please do not park in the reserved spots in the parking lot next to the parish office or the reserved spots around the gym. The entire parking lot next the school is rented. If you see an opening in any of the rented areas, please do not take it, they renter is probably just out for lunch.

PRINCIPAL PAID IN 2015: \$84,452.36

I'M IN! CAMPAIGN UPDATE

Goal: 345,000.00

98 Pledges to Date: \$225,375.00

7 Other gifts: \$950.00

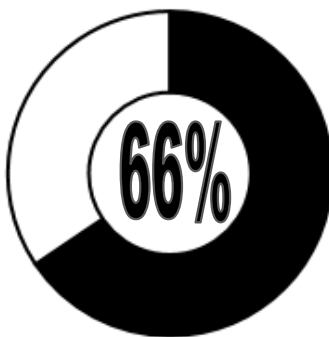
Total: \$ 226,325.00

Needed: \$118,675.00

Your generosity is greatly appreciated!
It's not too late to participate! You can make a one-time gift or pledge for any number of months, make a one time gift or give when you have a little extra. Whatever works best for your situation.

“For it is in giving that we receive.”

— Francis of Assisi



NOTEWORTHY EVENTS

February – Toilet Paper

LCFRN—Canned stew and meats

Linens - Luanne Bowers

Funeral Greeters - Gennette Casto and Barbara King

AFTER MASS CLASS -

Sat. 7pm & Sun. 10:30am, church

Adoration: Feb 12, 19, & 26

9am til noon, church

Ash Wednesday

February 10, Mass will be offered at noon and 6 in the church

Stations of the Cross:

Thursdays at 8:30 (beginning Feb. 18)

and Fridays at 6 (beginning Feb. 12) in the church

Bell Choir Practice: Sunday's following After ; Mass Class, GIFT: each Wednesday after 6pm Mass

7 Sun: 10:30, GIFT, cafeteria

10 Wed: noon & 6pm, Ash Wednesday Mass, church

14 Sun: 10:30, First Communion parent mtg., pmr

14 Sun: 4pm, Latin Mass, church

21 Sun: Confirmation Retreat in Wheeling

21 Sun: Rite of Election, 3pm, St. Joseph Cathedral, Wheeling

28 Sun: 3pm, Bell Concert, \$15, church (ADVANCED TICKET SALES ONLY)

March – Laundry Supplies

LCFRN—Canned stew and meats

Linens - Kathy Boyle

Funeral Greeters - George Garton and Judy Foster

AFTER MASS CLASS -

Sat. 7pm & Sun. 10:30am, church

Adoration: March 4, 11, 18

9am til noon, church

Holy Thursday (March 24)

7 - midnight, pmr

Stations of the Cross:

Thursdays at 8:30 (March 3, 11)

and Fridays at 6 (March 4, 11, & 18) in the church

Alcoholics Anonymous

AA - Tues., Thurs., & Sat., 8pm school basement.

Narcotics Anonymous

**NA - Mon., 8pm school basement
Use the door on the side of the school building facing the rectory for AA and NA meetings.**



SAINT OF THE WEEK
February 8
St. Josephine Bakhita
(c. 1868-1947)

For many years, Josephine Bakhita was a slave but her spirit was always free and eventually that spirit prevailed.

Born in Olgossa in the Darfur region of southern Sudan, Josephine was

kidnapped at the age of seven, sold into slavery and given the name Bakhita, which means fortunate. She was re-sold several times, finally in 1883 to Callisto Legnani, Italian consul in Khartoum, Sudan.

Two years later he took Josephine to Italy and gave her to his friend Augusto Michieli. Bakhita became babysitter to Mimmina Michieli, whom she accompanied to Venice's Institute of the Catechumens, run by the Canossian Sisters. While Mimmina was being instructed, Josephine felt drawn to the Catholic Church. She was baptized and confirmed in 1890, taking the name Josephine.

When the Michielis returned from Africa and wanted to take Mimmina and Josephine back with them, the future saint refused to go. During the ensuing court case, the Canossian sisters and the patriarch of Venice intervened on Josephine's behalf. The judge concluded that since slavery was illegal in Italy, she had actually been free since 1885.

Josephine entered the Institute of St. Magdalene of Canossa in 1893 and made her profession three years later. In 1902, she was transferred to the city of Schio (northeast of Verona), where she assisted her religious community through cooking, sewing, embroidery and welcoming visitors at the door. She soon became well loved by the children attending the sisters' school and the local citizens. She once said, "Be good, love the Lord, pray for those who do not know Him. What a great grace it is to know God!"

The first steps toward her beatification began in 1959. She was beatified in 1992 and canonized eight years later.

During his homily at her canonization Mass in St. Peter's Square, Pope John Paul II said that in St. Josephine Bakhita, "We find a shining advocate of genuine emancipation. The history of her life inspires not passive acceptance but the firm resolve to work effectively to free girls and women from oppression and violence, and to return them to their dignity in the full exercise of their rights."

<http://www.americancatholic.org/features/saints/saint.aspx?id=1453>

Exploring our Irish Roots
THE BEST OF IRELAND
11 DAYS: SEPTEMBER 12—22, 2016

Visiting

Dublin * Waterford * Blarney Castle * Killarney *
 Galway * Ring of Kerry * Connemara * Knock *
 Hills of Donegal

\$2759 from Washington, D. C.

(Air/land tour price is only \$2419 plus \$336
 government taxes/airline imposed surcharges)
 Brochures are in the church vestibule and the
 parish office!

Dear Padre

February 7, 2016

What is Church teaching on fasting and abstaining?

With Lent so early [Ash Wednesday is on February 10], I want to be prepared. Could you clarify the Church's teaching on fasting and abstinence?

Lent, the most prominent period of penitential practice, is not the only time when penance and/or self-denial are encouraged. For example, every Friday is a day to perform a penance, sacrifice, or mortification in memory of Christ's death.

The *Code of Canon Law* (1249–53) cites the meaning of fasting and abstinence. It explains that penance is a human response to divine law. Christians have a responsibility to practice penance. And observing "the days of fasting and abstinence" is a Church precept (*Catechism of the Catholic Church* 2043).

Abstinence from meat is required on all Fridays of Lent for those who have completed their fourteenth birthday. **Abstinence and fasting are required on Ash Wednesday and Good Friday.** Fasting is binding on adults from age eighteen until fifty-nine. The exact meaning of fasting is not explained by the code, and this has led to varying degrees of emphasis and attention to detail as well as some unusual and extreme practices. The United States Conference of Catholic Bishops states: "When fasting, a person is permitted to eat one full meal. Two smaller meals may also be taken, but not to equal a full meal."

I praise you for approaching these traditions as a means of growth and improvement rather than a burden.

FR. TOM SANTA, CSSR

sundaybulletin@liguori.org

Monday
 FEBRUARY 8
 Weekday
 1 Kgs 8:1–7, 9–13
 Mk 6:53–56

Tuesday
 FEBRUARY 9
 Weekday
 1 Kgs 8:22–23, 27–30
 Mk 7:1–13

Wednesday
 FEBRUARY 10
 Ash
 Wednesday
 Jl 2:12–18
 2 Cor 5:20–6:2
 Mt 6:1–6, 16–18

Thursday
 FEBRUARY 11
 Thursday
 After Ash
 Wednesday
 Dt 30:15–20
 Lk 9:22–25

Friday
 FEBRUARY 12
 Friday After
 Ash
 Wednesday
 Is 58:1–9a
 Mt 9:14–15

Saturday
 FEBRUARY 13
 Saturday
 After Ash
 Wednesday
 Is 58:9b–14
 Lk 5:27–32

Sunday
 FEBRUARY 14
 First Sunday
 of Lent
 Dt 26:4–10
 Rom 10:8–13
 Lk 4:1–13

2016 Calendar Cash Winners

Date	Amount	Winner	Sold by
Feb 1, 2016	\$200	Joetta Clem	L. Clem
Feb 2, 2016	\$ 75	Leo White	L. Garton
Feb 3, 2016	\$ 75	Liza Surock	J. Surock
Feb 4, 2016	\$ 75	Daniel Messenger	J. Radcliff
Feb 5, 2016	\$ 75	Ted Nash	A. Nash-Musgrave
Feb 6, 2016	\$ 75	Rose Gum	M. Empoules
Feb 7, 2016	\$100	Bethany Sitachitta	K. Stout

PARENT INFORMATION REGARDING TUITION ASSISTANCE

PLEASE MAKE THIS INFO AS WIDELY AVAILABLE AS POSSIBLE

(bulletins, school & parish newsletters, school & parish websites, etc.)

2016-2017 DIOCESAN TUITION ASSISTANCE PROCESS IS OPEN

For the 25th consecutive year, the Diocesan Tuition Assistance Program (**TAP**) is striving to keep Catholic school education affordable for Catholic families who desire it for their children but may need some financial assistance to make that dream a reality. Thanks to the ongoing and genuine commitment of Bishop Michael J. Bransfield to the Catholic schools in our Diocese, funds have, once again, been allocated for distribution to Catholic families in need of financial assistance.

Applying for **TAP through FACTS** is easy and affordable. You are encouraged to apply if your child is already enrolled or has been accepted by one of the Catholic schools in the Diocese of Wheeling-Charleston for the 2016-2017 school year.

Who is eligible? Any Catholic student accepted for the 2016-2017 school year in any Diocesan Catholic school (PK thru grade 12) **and who belong to a parish included on the drop-down list on the application** is eligible. Determinations are based upon a family's degree of need relative to all other applicants.

How do I apply? You may apply on-line. Go to www.factsmgt.com and log in.

Cost? The application fee is \$25. The Diocese will pay \$12.50 and families pay the other \$12.50.

Grants: Diocesan grants for families who have completed their applications and show financial need will receive **up to 50%** of the child's tuition.

Phase I: **Deadline is April 30, 2016**
In order to receive notification in late May, applications (***including all required documentation and payment of the fee***) are to be received by FACTS by April 30, 2016 Phase I is intended for families with children currently enrolled or already accepted for the 2016-2017 school year in any Diocesan Catholic school.

Phase II: **Deadline is August 15, 2016**
In order to receive notification in late August, all applications for 2016-2017 (***including all required documentation and payment of the fee***) **MUST** be **RECEIVED** by FACTS no later than August 15, 2016. **This is a firm deadline.** Phase II is intended for families new to the school or who have had a life-changing event (birth, death, loss of job) occur. If an application was submitted during Phase I, please contact the school.

Note 1: **No assistance will be available from the Diocese or from any school unless:**

- an application is completed in full (ALL questions answered) and submitted
- all required documentation is provided, AND
- the family portion (\$12.50) of the application fee is paid **by the deadline.**

Note 2: **ONLY ONE APPLICATION PER FAMILY should be submitted per school year. If you made an error or had a life event change, please do NOT submit a second application. Contact your principal and your application can be updated by FACTS.**

Questions? If you have questions, please contact the principal of your school.

<div>JENNY GARTON Car ~ Home ~ Life ~ Health ~ Business  269-1414 51 Circle Heights Weston, WV 26452 Providing Insurance and Financial Services</div>		<div>DR. DANIEL D. FARNSWORTH IV Optometrist 137 Main Ave. Weston 269-2020 </div>		<div>DC's Barber Shop 1 East Second St. Weston, WV 26452</div>		<div> Tue — Fri 11am-3pm/ 5pm-9pm Sat: 5pm-9pm 5 1/2 East Second St., Weston WV 304-269-7177 Now serving Brunch on Sunday from 10am-2pm!</div>									
<div>JOHN E. LAW, CPA, A. C. 132 First St., Weston 269-3304 John E. Law- CPA, Betty Hill,-CPA, Tom Stark</div>		<div>TED'S HEATING and COOLING, Jane Lew, WV 304 672-1145 Reliable, dependable service on all makes models! 26 years experience Ted Eldridge, Owner</div>		<div>Pro-Life Legislator  Delegate Peggy Donaldson Smith</div>		<div>Real Estate Marketing Sales & Appraisals 372 US Hwy 33 E 304-269-5975</div>		<div>Pickens Automotive Service  518 N. Main Ave. 304 269-3254 We don't want an arm & a leg—we just want your "tows"! </div>		<div>Charlie's Barber Shop 115 Bank Alley Weston, WV 26452 Tom Fealy, owner</div>					
<div> 304 269-7700 Rusty Allison, Owner</div>		<div>Weston Veterinary Hospital  Dr. Bill Moodispaw, DVM Sunset Acres—US 33 W 269-3288</div>		<div>Hickory House Restaurant Jackson's Mill Road/ Hwy 19 269-7373 11 am—9 pm Daily</div>		<div>Dr. J. Robert Bennett, DDS 304-269-6151 </div>		<div> Chris & Amber Heater 400 US Hwy. 33 E. Weston, WV 26452 304 269-3095 304 269-5523 fax www.gartoninsurance.com</div>							
<div> Citizens Bank of Weston WWW.CITIZENSBANKWESTON.COM MAIN BANK—201 Main Ave. PHONE (304) 269-2862 M-TH 8:30-3, FRI 8:30-5:30 SAT 8: 30-12NOON Member FDIC JANE LEW BRANCH (304) 884-7825 M-F 8:30-5:30 </div>				<div> Erie Insurance® J.R. Dodson NORTH CENTRAL INSURANCE LLC 100 MARKET PLACE MALL SUITE 13 WESTON, WV 26452 Phone:(304) 269-5330 Cell: (304) 476-2885 Fax:(304) 269-4880</div>				<div>FOSTER FEED 202 Bland St. Weston, WV 26452 304-269-1333 800-251-4343 "Feed, Hardware, and a lot more!!!"</div>				<div> 304 269-4563 DINE IN-CARRYOUT-DELIVERY 451 us Hwy 33 E, Weston, WV Hours: Tues - Sat, 10 - 10, Sun 11-9  Weston's Original Mom & Pop Shop</div>			
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<div> STONEWALL JACKSON memorial hospital Specializes in obstetrics/gynecology. 66 Hospital Plaza Weston 56 East Main Street Buckhannon</div>				<div>Dr. Jerry Henson, M.D.</div>				<div> The Physicians of St. Joseph's 304-473-2200 The Right Care is Right Here</div>							
<div>I'M OPEN! This size spot is only \$500 a year.</div>				<div>Peking Chinese Buffet #3 Marketplace Plaza, Weston, WV 304 269-6763</div>				<div>YOUR BUSINESS COULD BE HERE! CALL MARY TODAY ! (304) 269-1244</div>							
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